

LOCAL SUPPORT GROUPS

CONNECTION SUPPORT GROUPS

For those with a mental health issue

Every Tuesday 5121 Stockdale Hwy Consumer Family Learning Center , Bakersfield	5:30pm – 7:00pm (661) 203-8890	Bi-Lingual Available
2 nd & 4 th TUESDAYS Good Samaritan Hospital Southwest 5201 White Lane, Bakersfield	OutSpoken Young Minds, youth OSYM 6:00pm-7:30pm, 661-303-1416	Youth Support 13-25 MUST BE SCREENED
FIRST WEDNESDAYS Chevron Valley Credit Union	3:00pm-4:30pm, 661-398-0502	TAFT
THURSDAYS College Community Services 2731 Nugget Ave., Lake Isabella	12:00-1:30pm 661-972-6683	LAKE ISABELLA
Call to confirm Ridgecrest	(760) 977-7837; (760) 384-8672	RIDGECREST
FRIDAYS Good Samaritan Hospital Southwest 5201 White Lane, Bakersfield	3:00pm-4:30pm, 661-333-5484	
Family Learning Center	2:30pm-4:00pm, 661-972-6683	TEHACHAPI

FAMILY SUPPORT GROUPS

For the loved ones of those with mental health issues

Every TUESDAY CCS HOPE Center 701 "A" Inyo Kern Rd., Ridgecrest	6:00pm – 7:30pm (760) 384-8672, (760)384-8672	RIDGECREST
2 nd & 4 th TUESDAYS Good Samaritan Hospital Southwest 5201 White Lane, Bakersfield	OutSpoken Young Minds, OSYM 6:00pm-7:30pm, 661-303-1416	
1 st & 3 rd TUESDAYS Good Samaritan Hospital Southwest 5201 White Lane, Bakersfield Ones PTSD	Vets, Families & Loved Ones, FRONT LINE 6:00pm-7:30pm, 661-303-1416	Vets, Families & Loves
2 nd TUESDAYS Consumer Family Learning Center 5121 Stockdale Hwy, Bakersfield	Potluck 5:00pm Support 6:00pm-7:30pm, 661-398-8907	
4 th TUESDAYS	On Hold at this time	TEHACHAPI
4 th TUESDAYS Consumer Family Learning Center 5121 Stockdale Hwy, Bakersfield	6:00pm-7:30pm, 661-398-8907	